

# PROPER HAND WASHING



1. WET YOUR HANDS WITH WARM RUNNING WATER.



2. APPLY SOAP.



3. SCRUB HANDS TOGETHER FOR AT LEAST 20 SECONDS, CLEAN FINGERS & NAILS.

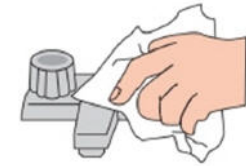


4. RINSE HANDS THOROUGHLY UNDER RUNNING WATER.



5. DRY HANDS, WITH PAPER TOWEL OR AIR DRYER.

Do Not Use A CLOTH TOWEL.



6. USE TOWEL TO TURN OFF WATER.

USING SANITIZER IS NOT THE SAME AS PROPER HAND WASHING.  
You **MAY NOT** USE SANITIZER **INSTEAD** OF HAND WASHING,

*YOU MUST WASH HANDS TO PREVENT THE SPREAD OF GERMS !*



Putnam County Health Department  
256 Williamstown Rd., Ottawa, OH 45875  
419-523-5608 [www.putnamhealth.com](http://www.putnamhealth.com)