

Diagnosed with COVID-19

School Guidance

#DoYourPart

#PutnamCountyCares



For more detailed information, see the school or PCHD website (putnamhealth.com) "School COVID-19 Scenarios"



Student or staff member becomes ill and is sent home if not already at home.



Ill person contacts doctor for guidance and testing if necessary.



Student or staff member receives positive (+) COVID-19 test result.



Test results are sent to the PCHD by the healthcare provider or lab.



Staff at the PCHD (nurses or contact tracers) will call the ill person (or parent or guardian if under 18) to talk about your illness. They will ask you who you've been in contact with and where you spent time.



Any information shared with the PCHD is **CONFIDENTIAL**. This means that personal and medical information will be kept private.



The sick person will:

- Stay home except to get medical care
- Stay away from others in the home, especially people who are at higher risk
- Monitor symptoms



The sick person will ISOLATE until:

- At least 10 days have passed since symptom onset AND
- At least 24 hours have passed since resolution of fever without the use of fever-reducing medications AND
- Other symptoms have improved



PCHD staff will continue to check on the health of the sick person until isolation is complete

Exposed to someone with COVID-19

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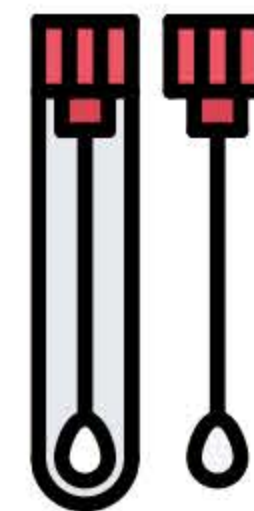
Student or staff member is exposed to someone with COVID-19.

PCHD staff member or contact tracer will call the contact to inform them that they may have been exposed to COVID-19.

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Contacts will QUARANTINE:

- Stay home for 14 days.
- The PCHD will help determine the final day of quarantine.
- If possible, stay away from others, especially people who are at higher risk for getting very sick from COVID-19



The contact will take their temperature twice a day and watch for fever and other symptoms of COVID-19 (cough, short of breath, loss of taste or smell, etc.).

Staff at the PCHD (nurses or contact tracers) will continue to check with the contact about their health until quarantine is complete.

If the contact gets tested and it is negative (-) for COVID-19, or if the contact feels healthy, quarantine should continue since symptoms may appear 2 to 14 days after exposure.

If the person becomes ill during the 14 days of quarantine, they should contact the PCHD and healthcare provider.

Ill person who is negative for COVID-19

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Student or staff member becomes ill and is sent home if not already at home.



Person who is not feeling well should contact his or her healthcare provider for guidance and testing if necessary.



If the ill person gets tested and it is negative (-) for COVID-19, he or she should still stay home until symptoms have improved. If symptoms worsen, follow up with the healthcare provider may be needed.



When feeling better, the person should contact the school to determine requirements for return to school. A note from a healthcare provider may be required for students to return to school.