

Putnam County General Health District



ANNUAL REPORT 2011

County
Health
Department



Putnam



www.putnamhealth.com

HOMECARE & HOSPICE

2011 PUTNAM COUNTY BOARD OF HEALTH

Raymond E. Brinkman, Jr., President
Mandy Klass, M.D.
Jeff Hoyt
Jeff Ducey
Gary Hermiller
Mary Ann Myers M.D., Health Commissioner



Back Row: Gary Hermiller, Jeff Ducey, Jeff Hoyt
Front Row: Mandy Klass, M.D., Raymond E. Brinkman, Jr.

The Putnam County Board of Health is the governing body for all health department services. Board members are elected by the District Advisory Council, which is made up of township trustee presidents, village mayors, and the president of the county commissioners. The Board of Health is responsible for protecting public health through prevention and restriction of disease, and the prevention, abatement and suppression of nuisances. Monthly meetings are open to the public and held the second Thursday of the month, at 6:30 p.m., at the Putnam County Health Department.

PUTNAM COUNTY HEALTH DEPARTMENT



Administrator: Ruth Gerding
Health Commissioner: Dr. Mary Ann Myers

MISSION STATEMENT:

It is the mission of the Putnam County Health Department to protect, promote, and improve the health, safety, and well being of all county residents by providing high quality public health services.

VISION STATEMENT:

All Putnam County residents will be free of preventable disease and live in a healthy environment.



Clerical Department: Melissa Buddelmeyer, Angie Heitmeyer, & Ruth Blankemeyer

Public Health: A Wise Investment Year 2011 Health Department Funding

BALANCE January 1, 2011 **\$755,001.61**

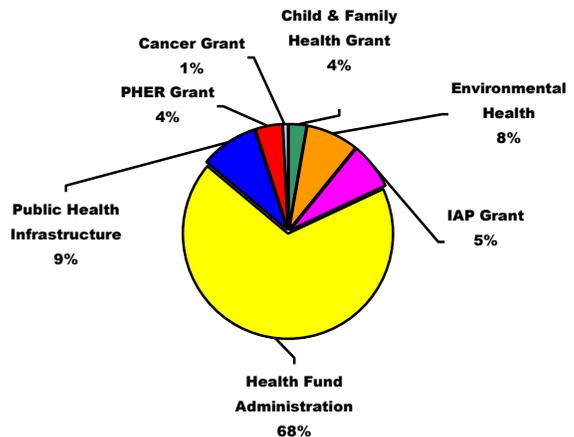
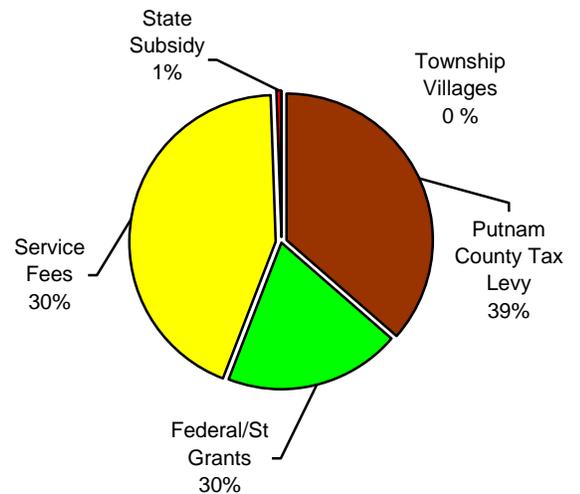
RECEIPTS

Putnam County Tax Levy	\$ 396,092.75
Federal/State Grants	\$ 209,409.16
Service Fees	\$ 474,922.28
State Subsidy	\$ 5,994.30
Township/Village	\$.00
TOTAL REVENUE:	\$ 1,086,418.49
BALANCE & RECEIPTS	\$ 1,841,420.10

EXPENSES

Health Fund – Administration	\$ 709,430.03
Environmental Health	\$ 81,978.05
Immunization Action Plan Grant	\$ 74,796.63
PHER Grant	\$ 43,467.00
Child & Family Health Grant	\$ 29,740.24
Public Health Infrastructure Grt.	\$ 91,672.10
Cancer Grant	\$ 8,871.38

TOTAL EXPENSES: **\$ 1,039,955.43**
BALANCE December 31, 2011 **\$801,464.67**



Vital Statistics

The health department registrar is responsible for filing all births and deaths with the Bureau of Vital Statistics in Columbus. Because these events are recorded in the county in which they occur, local figures reflect only a portion of actual births and deaths of Putnam County residents since no hospital is located within the county boundaries.

In 2011, there was 0 births and 185 deaths reported in Putnam County. There were 620 copies of birth certificates and 700 copies of death certificates issued along with 307 burial permits issued for the year.

Beginning in January 2011, Ohioans could obtain a certified copy of any Ohio birth record at the local health department. Prior to this change, an individual could only obtain a certified copy from the county where the birth occurred or from the Ohio Department of Health. Since no hospital is located within Putnam County, many county residents have had to travel to

surrounding counties for a certified copy of a birth record. This does not apply to death certificates, in which case, you will need to contact the county in which the death occurred.

Birth records available are from 1908-present. You may obtain a certified birth or death record at the Putnam County Health Department during business hours or by mail for \$23.00 each.

Leading Causes of Death

	2011	2010	2009
Heart Disease	47	60	60
Cancer	37	43	53
Pulmonary Disease	21	15	24
Accidents	5	2	11
Other Causes (Alzheimer's, etc.)	70	79	56
Suicides	3	5	1

Emergency Preparedness in Review

While remembering 9/11 and recognizing 10 years have passed, your health department continues to enhance the response efforts for all emergencies. We continue to utilize the grant funding in preparedness to augment planning efforts with the many county partners, for exercising the plans and securing supplies for response.

Over the past ten years, we have received more than one million dollars in grant funds to upgrade the operations of the health department equipment, improve communications capabilities and increase collaboration efforts in response with our county, regional and state partners. This is an ongoing process and will continue to evolve for many more years. We are working towards meeting accreditation standards for preparedness as well.



Another aspect of preparedness and a federal expectation is the Medical Reserve Corps (MRC) of Putnam County. This Corps consists of volunteers trained to help with any emergency, in which the health department may respond to; but may be more involved than what the health department

staff can do alone. Anyone can become involved in this Corps. Training is held yearly for all volunteers. For more information, contact the Emergency Preparedness Coordinator at the health department.

Remember, it's important for all residents to be prepared for an emergency at all times. All residents should have a disaster supply kit which includes:

- Water, one gallon per person per day
- Food-at least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flash light and extra batteries
- First Aid kit
- Whistle to signal for help
- Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place or to remain in your home
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Manual can opener for food
- Local maps
- Cell phone with chargers, inverter or solar charger
- Prescription medications and glasses
- Extra infant formula and diapers for children if needed

Public Health

Public Health is ever-changing. 2011 proved to be this at the Putnam County Health Department.

We owe so much to the practice of public health. Public health is essential in the lives of our community and society at large. We insure safe food, water and prevention of vaccine preventable diseases. Another part of public health is performing a community health assessment. This was completed in 2010 with activities beginning this year with the help of community partners. We are in the process of addressing one overarching result of the community health assessment, that being the need to address our obesity and overweight issues. You will hear more about this program and progress from the program in the next annual report.

Your board of health is continually assessing the costs of the health department operations. As a result, staffing changes have been made to reflect the activity in the department. The board along with the

staff works to utilize the levy monies paid by the taxpayers of Putnam County efficiently.

The health department staff is also looking towards gaining accreditation. The initial steps for this process were implemented in 2011 and will continue through the next several years. This will enable for quality improvement in programs and services.

I have had the privilege of serving as your health commissioner this past year. I look forward to many years of serving in this capacity. How I may be of help to the taxpayer is very important to me; so please call the health department with any concerns and I will be happy to return your call.

Dr. Mary Ann Myers, MD, Health Commissioner

Environmental

Though we are referred to as the Environmental Division, our responsibilities actually encompass two fields: Public Health and Environmental Health. Our Public Health duties cover inspections of Food Service and Retail Food establishments, mobile food vendors and temporary food operations; school inspections; SmokeFree Ohio compliance; animal bite investigations; nuisance complaints; public swimming pools and spas; tattoo and body piercing; campgrounds and manufactured home parks. Environmental Health focuses on Residential Sewage Treatment Systems; Private Water Systems; Solid Waste and landfill monitoring activities and collection of water samples. In 2011 the PCHD Environmental Health staff licensed and conducted the following inspections/investigations:

276	Food Service/Retail Food licenses
497	Inspections of those 276 licensed food establishments
9	Pools and Spas
12	Manufactures Home Parks
2	Campgrounds
25	School Inspections
18	Sewage Treatment System Permits
55	Private Water System Permits
152	Water Samples
34	Animal Bites

Ohio Sewage Treatment System Rules

Throughout 2011 the Ohio Department of Health (ODH), along with industry stakeholders, academia and representatives from the Environmental Health profession continued to meet and discuss draft language for the upcoming version of state-wide sewage rules. It is anticipated these rules will be made effective by ODH in late 2012 or early 2013. The impact on Putnam County, and NW Ohio in general, is not known at this point. Our office continues to monitor the progress of the rules and offer input in an effort to minimize the limitations on the types of systems we can utilize here in Putnam County.

Private Water Systems Rules

As the sewage contractors wait to see what their rules will look like, the water contractors got new rules April 01, 2011 and they were no joke. There were significant changes to many of the forms and processes the contractors had been accustomed to for several years. Through the remainder of the year our office worked with the contractors on any issues that came up on either our side or theirs. As this year goes on we will schedule a meeting to recap the first year of the updated rule package to try and resolve any problems inherent in working through changes.



Environmental Department: Brad Price, Joan Kline, Aaron Teders

Swimming Pool Rules

Just as the water contractors got new rules, so did our pool operators. This was the first significant change in some time for the pool program and the rules incorporated the Virginia Graeme Baker (VGB) Act. The VGB Act is a Federal Act that mandates all pools and spas (commercial and residential) have both primary and secondary anti-entrapment protection, with very few exceptions. Since this was added to our State Rules, all licensed facilities are now required to be in compliance not only with the Federal Act as they were when it was passed, but also they must be in compliance to maintain their license to operate. Our licensed pools in Putnam County have done an outstanding job of ensuring compliance with the VGB Act and been proactive in maintaining their pools.

Nursing/Health Education

Communicable Disease

Class A	# Cases
Campylobacter	12
Chlamydia	48
Cryptosporidiosis	1
Giardia	1
Gonorrhea	4
Haemophilus Influenzae	1
Hepatitis B	1
Hepatitis C	3
Influenza (lab confirmed)	36
Influenza like illness	46
Influenza Hospitalized	15
Invasive Strep Pnuemoniae	5
Legionnaires Disease	1
Lyme Disease	3
Mycobacterium Abscessus	1
Pertussis	1
Salmonella	4
Varicella	1
Viral Meningitis	8
Yersinia	4

Public health has always been about the prevention of communicable diseases. Our county continues to see trends that are happening nationwide. This year we saw some unusual diseases such as Lyme Disease, Yersinia, and Legionnaires disease. Sexually transmitted diseases continue to be the majority of communicable disease investigations. Foodborne diseases also continue to be steady with the most common one by far being Campylobacter.

Car Seat Program

A car seat program for families on WIC is provided through a grant from the Ohio Department of Health. Parents with children on WIC can request a new car seat for their child. At times, there is a considerable waiting list for these. There were 64 car seats distributed through this program. Nurses also assist with a car seat program administered out of the health department where they instruct and help the parent install the car seat properly. In 2011, the nurses provided 12 car seat checks through this program.

Immunizations

Immunizations are a vital link in communicable disease control. The health department serves children and adults in Putnam County with a full line of vaccines that prevent numerous diseases. In 2011, we held 98 clinics for immunizations that administered over 8800 vaccines. Vaccines are constantly changing the keeping up with the latest information can be challenging. Luckily, we have an Immunization Action Plan grant through the Ohio Department of Health, which involves

an education program for physicians and their staff. The coordinator of this grant is actively involved in the recall and reminder system for immunizations in the department. There were 4 educational programs given to physicians and thousands of phone calls and letters sent through the recall program.

The nursing department also administered 2094 doses of seasonal flu shots, and 302 doses of Flu Mist.

Bureau for Children with Medical Handicaps

The Bureau for Children with Medical Handicaps (BCMh) is a state program that assists parents with their child's special health care needs. BCMh consists of two parts. One part is the diagnostic program where a public health nurse refers a child to a BCMh physician, and the child receives diagnostic testing to rule out a medical condition. This program is eligible to any family, regardless of income. Part two is the treatment program. Once the child has a diagnosis, BCMh looks at eligibility based on diagnosis and parental income. In 2011, there were 219 active clients, 116 children on treatment services, 94 children on diagnostic services, and 9 children on service coordination.

School Health Program

Health Department nurses provide vision and scoliosis screenings for county schools. Vision screenings are done in Kindergarten and grades 1,3,5,7, and 9. Scoliosis screenings are done in grade 6,7, and 8. In 2011, 68 school visits were made.

3502 students received vision screenings

1571 students received scoliosis screenings

The Putnam County Health Department also provides nursing services for the summer migrant school and organizes their health fair. There were 27 nursing visits to the migrant school.

Lead Poisoning Testing

Lead poisoning is the number one environmental hazard for children. We administered 19 lead tests in 2011. There were no elevated lead levels this year. Lead testing was decreased this year due to not testing at the Texas Migrant School or Head Start. In April, we purchased a Lead Care II machine to test the blood sample in the office and provide immediate results to the family. This was well received by those getting tested.

Putnam County Breast Health Project

The nursing department receives a grant from the Northwest Ohio Affiliate of the Susan G. Komen for the Cure to provide free screening and diagnostic mammograms and breast ultrasounds for eligible women. In order to be eligible, the

woman must have an income below 300% of the Federal Poverty Level, be uninsured, or have insurance with at least a \$200 deductible. In 2011, we helped 55 women receive a mammogram.

Help Me Grow

PCHD contracted with HMG for a nurse to serve as a service coordinator working with the at-risk population under 3 years old. That contract was not renewed in July so that the nurse could be at the health department full-time which would aid another nurse in the department to decrease hours to part-time.

Live Healthy, Live Happy Putnam County

A community health assessment that assessed health behaviors via a mailed survey was completed in 2010. At that time over 1000 people answered questions about their physical and mental health along with a host of other health related topics. Their Body Mass Index (BMI) was calculated from given heights and weights. This revealed that approximately 70.5% of Putnam County adults are overweight or obese. The Putnam County Healthy Communities coalition developed a wellness program for the county which is titled, "Live Healthy, Live Happy Putnam County". This is a computer based program that will include multiple challenges throughout the year in which you may participate. The goal of the program is to help you improve your physical and mental health in 2012. The first 6 week challenge "Wild West Healthy Living Challenge" will go February 1, 2012 – March 16, 2012. The focus of the challenge is to eat healthy, exercise and drink plenty of water. A \$20 fee will allow you to participate in a year's worth of challenges and get a t-shirt with the Live Healthy, Live Happy logo. You may join as an individual or be part of team with your family, friends, or co-workers. Please call or check our website at www.putnamhealth.com for details and registration materials.



Child and Family Health Services

Child and Family Health Services (CFHS) grant from the Ohio Department of Health provided funds through June 2011. Unfortunately, beginning in July, these grant funds were no longer available. In the first six months of the year, the funds helped to provide childhood obesity programs, colorectal and breast cancer awareness programs and lead poisoning prevention information to the community.

- Action for Healthy Kids Challenge for over 400 4th graders. This physical activity challenge encouraged young people to be more active every day.
- Tools for Schools conference for teachers in the area. This program provided by the Action for Healthy Kids Zone 2. The health department participates in Zone 2 activities.
- Mini-grants were awarded to teachers at Ottawa Elementary, Kalida Elementary and St. Anthony to provide programs to increase physical activity of the students.
- Breast Cancer and Colorectal Cancer awareness information provided to the community.
- Colorectal Cancer Summit for physicians in the area. The Northwest Ohio Colorectal Cancer Coalition, in which the health department is represented, provides this program.
- Lead Poisoning prevention information provided to physicians and the community.

Other health education programs provided by the health department included the Word of Mouth Tobacco Prevention program, 12th Annual Farm Safety Camp for third-graders, Senior Expo, "Win the Race Against Cancer" 5K Run/Walk, Car Seat Checks, Healthy Ohio Walk, Brown Bag Luncheons and more! The goal of these programs is to increase the health and safety of Putnam County residents.

Nursing Department (back row): Sherri Recker, Kathy Kaufman, Dawn Schmenk, & Mary Duling – not pictured

Health Educator (front row): Joan Kline

Our facilities are not totally handicapped accessible. Should you have a special need, please call the Putnam County Health Department for information at 419-523-5608 and we will accommodate that need.